

Befriending Service



Compassionate Lanarkshire is a partnership project between St Andrew's, Kilbryde and Strathcarron Hospices and is funded by the South Lanarkshire Health and Social Care Partnership and the National Lottery Community Fund.

St Andrew's Hospice

Henderson Street, Airdrie ML6 6DJ

Tel: 01236 766 951

www.st-andrews-hospice.com

Kilbryde Hospice

McGuinness Way, East Kilbride, G75 8GJ

Tel: 01355 202 020

www.kilbrydehospice.org.uk

Strathcarron Hospice

Randolph Hill, Denny, FK6 5HJ

Tel: 01324 826 222

www.strathcarronhospice.net

"I have had a befriender for a while and following lots of positive encouragement from him, I have regained an interest in life and feel now that I'm back to my normal self - I've got my life back".

Volunteer befrienders provide informal support and companionship to clients in their own home. The aim is to reduce loneliness and isolation or to give carers some time to themselves.

Befriending sessions will last up to a maximum of 3 hours, usually on a weekly or fortnightly basis.

All volunteers have completed the relevant training and are members of the PVG Scheme.

You will be introduced to a volunteer befriender by a member of the Compassionate Lanarkshire (CLAN) team who will agree a visit plan with you.

Befrienders will;

- Provide companionship
- Be reliable
- Maintain confidentiality
- Discuss any concerns with a CLAN team member as soon as possible.

Befrienders will not do any tasks that haven't already been discussed with a CLAN team member this includes personal care or handling money on your behalf.

Emergency contact details should be available for the befriender. If the carer goes out while the befriender is visiting, they must return by an agreed time.

If you need to cancel a visit, please call the CLAN office on 01236 772004.

